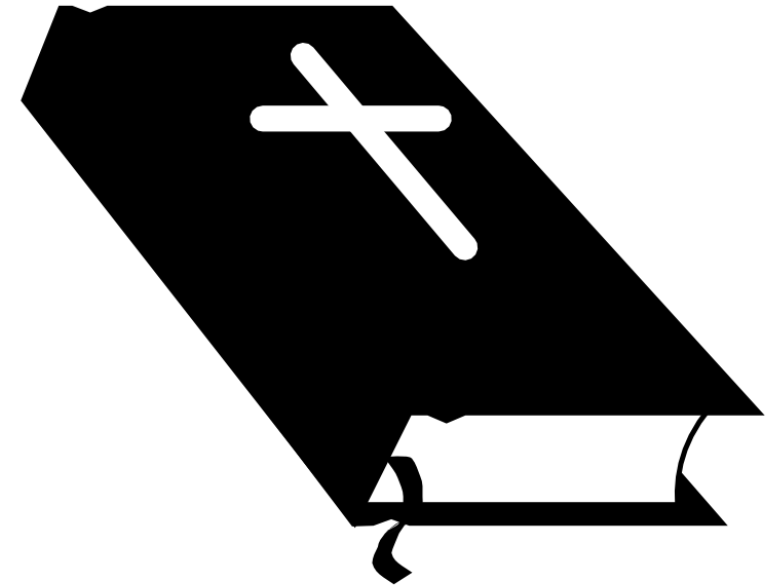


B90

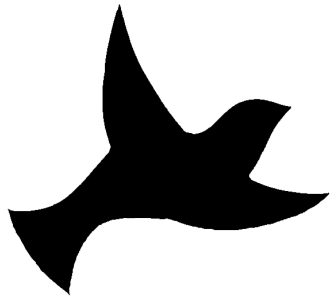


**90 DAY CHALLENGE
SUMMER 2018**

Participant Journal

Spirit of Joy! Lutheran Church

More resources at: sojoy.org/B90



Welcome to the B90 challenge!

On average, only 1 in 5 Americans has read the whole Bible. You are about to embark on an adventure that will change your faith and your life. We are so excited to be a part of this adventure together!

I hope you have signed up for a Reading Group—reading groups are one of the best ways to improve our chances of success in this challenge. Need info about the Reading Groups? Please contact me at any time.

At Spirit of Joy!, our purpose is to create *joy-filled, faith-growing, life-changing* community. If we all invest in this challenge, we will see all those things—and so much more!

The Bible is God’s gift to us. And for most of us, we have barely opened that gift. Now is our moment to realize just how powerful God’s Word is, and to be changed by this experience.

In this guide, you will find some prompts to help you think about your reading each day and prepare you for growing deeper as you encounter the Word.

THANK YOU for your commitment to growing in faith, and to this community!

It is going to be an amazing summer!

Pastor David

B90

DAY 7
EXODUS 29:1-40:38



1) What questions do you have about this text? What confused you?

2) What characters or events in this text do you relate to? Why?

3) What do you learn in this text about God, yourself, or the world?

4) What did you love in this text? How was God speaking to you?



DAY 6
EXODUS 15:19-28:43

B90

1) What questions do you have about this text? What confused you?

2) What characters or events in this text do you relate to? Why?

3) What do you learn in this text about God, yourself, or the world?

4) What did you love in this text? How was God speaking to you?

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WEEK 0
PREPARATION



Are you ready? Here we go!

On May 27, our worship theme is “The Power of the Word” as we kick-off B90. We will begin reading on that day.

A couple of questions to get our minds in the right place.

1) Have you ever read the whole Bible? If so, what was that like? If not, what has kept you from trying?

2) What excites you about this challenge? What scares you?

3) What do you think will be your biggest obstacle in the next 90 days?

4) What questions do you have about the Bible?



WEEK 1
GENESIS 1:1 - EXODUS 40:38

B90

Starting May 27

GENESIS

Genesis is the story of beginnings. It starts with the cosmic scale—the beginning of the universe and all that is in it. As the story progresses, the focus narrows again and again, bringing into focus one particular family. That narrowing begins with Abraham and Sarah, and ends with the children of Jacob and their descendants.

There are a LOT of names in Genesis. Don't get to hung up on trying to remember who is related to who, just keeping going. There are some important family trees on the B90 website for reference. At the end of the day, Genesis is the story of God's promise.

EXODUS

Exodus picks up where Genesis leaves off—it sort of functions as a “Season 2” to Genesis, resuming the story after some time has past. We are drawn in this story to the conflict between Pharaoh and Moses—but again, the real center of this story is the relationship between God and the people.

While there is some great story telling at the beginning of Exodus, the end of the book has a LOT of details about construction and clothing. Read it, but don't let yourself get bogged down in it.

Each day as you read, it is helpful to reflect on three questions. There is space on the pages that follow for these questions, and for any other notes you may want to take as you read this week.

B90

DAY 5
EXODUS 1:1-15:18



1) What questions do you have about this text? What confused you?

2) What characters or events in this text do you relate to? Why?

3) What do you learn in this text about God, yourself, or the world?

4) What did you love in this text? How was God speaking to you?

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DAY 2
GENESIS 17:1-GENESIS 28:19

B90

1) What questions do you have about this text? What confused you?

2) What characters or events in this text do you relate to? Why?

3) What do you learn in this text about God, yourself, or the world?

4) What did you love in this text? How was God speaking to you?

B90

DAY 3
GENESIS 28:20-GENESIS 40:11



1) What questions do you have about this text? What confused you?

2) What characters or events in this text do you relate to? Why?

3) What do you learn in this text about God, yourself, or the world?

4) What did you love in this text? How was God speaking to you?